

CEU Workshop: “Abandonment & It’s Impact On Attachment”

Learning Objectives :

- Learn one major reason why 60% of marriages end in divorce.
- Discuss treatment options useful in addressing this core issue.
- Learn how this issue plays out in the therapeutic relationship - transference and counter-transference.
- Learn about abandonment and it’s interplay with shame and control.

CEUs: (3) hours

Abandonment is a core issue that often is overlooked in therapy. It is an experience that has physical, emotional, and behavioral repercussions that impact an individual in all aspects of their life – work, relationships, self-esteem. Depending on the individual there are various ways to address this issue in therapy including EMDR, CBT, and EFT. Also to be discussed are abandonments counterparts – shame and control. Discussion includes how a therapist’s own abandonment issues can sabotage therapeutic effectiveness and the therapeutic process in general.