

CEU Workshop: The Power of Words

Learning Objectives:

- 1) Explore how the words that are spoken and unspoken impact a person mentally, physically, and emotionally
- 2) Learn how words can help someone shift positively in the moment
- 3) Discover how to strategically integrate the power of Words into your work with clients

Words, their intention (both conscious and subconscious), and the energy behind them affect the clinician and the client. Learn how to examine this powerful dynamic of the therapeutic relationship. Explore how this aspect of a session is important in practicing Self-Care. This workshop will not only explore the literal spoken word but the power of intention of words spoken and unspoken. Join us in this experiential workshop that will certainly leave you thinking.

CEUS: (3) Hours